



# Annual Wellness Exams

**Wellness is a state of having a happy, healthy life. In the horse world, this would be equivalent to retaining the ability to eat various forms of food, the ability to enjoy life outside, and the ability to move around relatively pain-free.**

## Let's discuss the benefits of Preventative Health Care for your horse



Taking the time and effort to have your horse fully examined for any preventable health problems is recommended at least once a year. An annual wellness exam can help to isolate:

**Dental issues** - sharp points and edges can be filed down, or floated, to improve the efficiency of diet and nutrition. A full dental/oral exam can isolate fractured or broken teeth which might shed light on chewing ability; or smooth teeth that cannot process hay anymore. This will help with the economic management of feed/hay, helping to keep weight on the horse over the winter when easy grass calories are scarce.

**Body weight issues** - obviously addressing the teeth as outlined above. A comprehensive discussion/review of the feed, quality of hay, and turnout access will help isolate problems and provide solutions. There are many different feed formulations available now, all designed to make management easier.

**Lameness issues** - review of chronic arthritic problems can help outline ideas for better management, allowing for better movement and better pain control. A wellness exam can help list options for different hoof health care, shoes, or boots; especially if chronic laminitis is a factor.

**Cushings/Metabolic Syndrome issues** - closely monitoring the bloodwork that helps to drive medication decisions can be performed at this time. Medications and doses are usually reviewed even more frequently than just annually, but an annual wellness exam can revisit the discussion of medical management, cost/benefit, and quality of life. Performing annual Cushings screening bloodwork can help detect minor problems before they become major ones.

**Cardiac/respiratory issues** - assessing heart function, detecting heart murmurs, and examining the lungs can help the client become aware of developing situations, manage respiratory allergies, etc.

Overall, there are multiple benefits to requesting an annual wellness exam for your horse. These benefits can be enjoyed by both the patient and the client !!



### What is included in a Wellness Exam:

- PHYSICAL EXAMINATION
- FEED REVIEW
- LAMENESS MANAGEMENT
- DISCUSSION OF METABOLIC DISEASE
- DISCUSSION OF DENTAL DISEASE

**Your horse's  
 Spring Vaccination appointment  
 is the perfect time for their  
 Annual Wellness Exam!**

DR. MARK JORDAN  
 DR. JENNIFER ENGER  
 DR. MEGAN BUTTS  
 DR. MICHELLE SINGER



**845-225-3100**

394 Route 52, Carmel, NY 10512

**MIDHUDSONVET@YAHOO.COM**